Internships and Academic Seminars



The LEAD Colloquium

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Capstone Reflection Assignment

The Capstone Reflection is a chance for you to reflect holistically on your experiences over the semester, what you have learned, and your plans for the future.

Format, Expectations and Evaluation

- A well-organized essay of 750-1000 words
- The strongest essays will describe and analyze how students are integrating and leveraging learning from many sources toward future plans

Assignment Prompt

Recall the goals and plans you may have had when you arrived in Washington, D.C. at the beginning of the term. Review also the Learning Outcomes Objectives in the LEAD Colloquium Syllabus.

In what ways do you think your goals and plans for the future have changed, and to what do you attribute these changes? Are your goals different now, or largely the same? Are you more confident now, or are there more options you would like to explore? Has something changed that surprises you?

The following prompts will help you focus your reflection. Please refer to the assignment rubric for greater clarity on what should be included. You need not limit your reflection to these items, however. Refer to items in your Final Portfolio that might help to illustrate the changes or developments you describe in your reflection.

- Growth or development in your skills. How did you apply your previous educational training during your time in D.C., and what new skills did you develop?"
- Changes, developments or clarifications regarding the things you value in professional, civic or personal contexts. What is most important to you now?
- The role you see for leadership in your future professional and/or civic endeavors. Is leadership a part of how you will make a difference? If so, describe the leadership style you envision for yourself.
- Next steps in your professional, academic and/or civic life that your experiences and reflection this semester have helped you to identify or clarify. Refer back to the Goal-Setting workshop where you practiced setting goals for yourself.
- "Only in D.C.!" Are there any moments that could only have occurred in Washington, D.C. that were particularly impactful for sharing your goals and plans for the future?